

Pretoria Sailing Club

Finn Winter Challenge, 505 Highveld Championships

24th - 25th August 2019

Sailing Instructions

- RULES:** All races will be sailed under the 2017/2020 ISAF Racing Rules of Sailing (RRS), the SAS prescriptions thereto, the rules of the classes concerned and these Sailing Instructions. The Notice of Regatta will form part of these instructions. At all times a course as prescribed by the Race Officer will be set.
- STARTING TIMES:** The time of the Warning Signal of the first race will be in accordance with the Regatta Notice. The time of the Warning Signal of subsequent races will be advised by a notice on the Regatta Notice Board not later than half an hour before the race affected. If a back-to-back race is to be sailed, such intention will be indicated by an "L" flag displayed on the Bridge Boat at the completion of the previous race.
- NOTICES TO COMPETITORS AND SIGNALS MADE ASHORE:** Notices to competitors will be posted on the Regatta Notice Board in the Committee Room. Signals made ashore will be an "L" flag flown on the flagpole above the Committee Room (with sound signal).
- CHANGE OF INSTRUCTIONS:** These instructions may be varied by notices placed on the Regatta Notice Board by order of the Organising Committee. Any change to the sailing instructions will be posted before 09h00 on the day it will take effect, except that any change to the schedule of races will be posted by 19h00 on the day before it will take effect.
- LIABILITY:** Competitors sail entirely at their own risk. None of the organisations or persons concerned in the running of the Regatta accepts any liability for damage or injury suffered at any time.
- COURSES:** The number of the course to be sailed will be displayed on the Committee Boat at the start. PSC club courses will be sailed as shown on the PSC course card. Any mark indicated upon the PSC course card which is underlined shall be left to **starboard** and all others to **port**. Marks of the course will be the orange buoys numbered 1 to 8, B and A. Alternatively, should the bridge captain so wish, he or she may choose to set a standard Olympic course or a Windward/Leeward course, demarcated either by numbered white marks or by club buoys. Such courses will be indicated on the committee boat by a single board showing an "O" or "Windward/Leeward", and if the club buoys are to be used, the numbers of the marks will be shown. When an Olympic or a Windward/Leeward course is to be sailed, a red flag on the committee boat will indicate that marks should be left to port, and a green flag will indicate that marks should be left to starboard.
 - PSC Club courses shall be set unless the wind particularly favours an alternative course.
 - For PSC club courses, the full course will be 3 roundings of the 1st mark.
 - For Olympic courses, the full course will be a standard "triangle-sausage-triangle", and a final beat.
 - For Windward/Leeward courses, the bridge captain may choose to finish at the end of the second run or at the end of the third beat.
- STARTING PENNANTS** will be class flags.
- STARTING:** All races will be started as outlined below:

<u>SIGNAL</u>	<u>FLAG & SOUND</u>	<u>MIN. BEFORE STARTING SIGNAL</u>
1. Warning	Class Flag – 1 sound	3 minutes
2. Preparatory	'P' or 'I' flag – 1 sound	2 minutes
3. One Minute	'P' flag removed – 1 long sound	1 minute
4. Start	Class Flag removed – 1 sound	0 minutes

For multi-class starts the following will apply:

- The starting order will be displayed on the Regatta Notice Board.
- The Warning signal for each subsequent group will be one minute after the starting signal of the preceding group.
- Any boat which has not started **within 4 minutes of her class start** shall be deemed DNS.
- The Committee Boat is a mark of the course only for boats starting and finishing.

9. **STARTING LINE:** Shall be between the black and white striped pole on the Committee Boat and a plain yellow buoy nearby. The line is to be crossed in the direction of the first mark. Boats whose warning signal has not been made must keep clear of the starting area.
10. **INDIVIDUAL RECALL:** ISAF RR 29.1 will apply.
11. **GENERAL RECALLS:** ISAF RR 29.2 and ISAF RR 30.1 will apply. Any subsequent starts shall be postponed accordingly.
12. **TIME LIMIT:** Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish. This changes RRS 35.
13. **PENALTY SYSTEM:** ISAF RR 44.1. A boat may take a Two-Turn penalty when she may have broken a rule of Part 2 while racing. If a boat touches a mark, a Single-Turn penalty in accordance with rule 31 shall apply.
14. **SHORTENING COURSE:** The course may be shortened for any reason in terms of **ISAF RR 32**.
15. **FINISHING LINE:** Shall be a line between the black and white striped pole on the Committee Boat and a nearby buoy which:
 - In the case of a shortened course will always be the next mark of the course after the shortened course signal is made for that class.
 - In the case of a full-length race, the race officer may set a finish line using a plain yellow buoy, or alternatively may use a mark of the course as in the case of a shortened course.
16. **LIFE SAVING EQUIPMENT AND BUOYANCY:** Every boat afloat, regardless of its own buoyancy, shall carry, at all times, a suitable buoyancy aid for each member of its crew. ALL persons 16 years of age and younger shall wear a buoyancy aid at ALL times regardless of wind strength. Should the Race Committee consider the wearing of buoyancy aids mandatory, such instruction will be indicated by the display of the “Y” flag on the Bridge. Sailors requiring general assistance, or in the event of an injury or equipment failure, should raise both arms in the air to attract the attention of the Rescue Officers. The Organising Committee reserves the right to disqualify from further races in the Regatta any boat which it considers to have inadequate buoyancy, or whose crew fails to wear an adequate buoyancy aid when the “Y” flag is flown.
17. **DECLARATIONS:** The helmsman of a boat retiring from a race after finishing shall sign the prescribed form of declaration within 45 minutes of the finish of the first boat in her class. The Organising Committee shall have the right to extend this time.
18. **PROTESTS:** Protests shall be delivered to the Race Office within 30 minutes after the last boat for each class has finished the last race of the day. This changes RRS 61.3 and 62.2. On the last day of the regatta a request for reopening a hearing shall be delivered no later than 30 minutes after the requesting party was informed of the decision that day. This changes RRS 66.
19. **SCORING:** The Low Point scoring system of **Appendix A of the ISAF RRS** will apply. The number of races will be as per the Notice of Regatta.
20. **OBSTRUCTIONS:** The area along the fisherman’s shore, approx. 70 meters out, shall rank as an obstruction.
21. **PROHIBITED AREAS:** Prohibited areas are clearly marked on the map displayed in the Clubhouse and any boat sailing into these areas may be disqualified. It is emphasised that the area extending from the shore line to a distance of 70 meters from the fisherman's shore is a prohibited area and any boat sailing into this area during a race may be protested. No person shall land on any shore of the dam, other than at the Club site, except in cases of emergency. Persons may not abandon their boats when beached, but should await assistance from the Rescue Officers. No paddling or swimming is allowed in the dam except as is necessary for launching, righting or beaching boats. Boats may only be afloat between dawn and dusk.